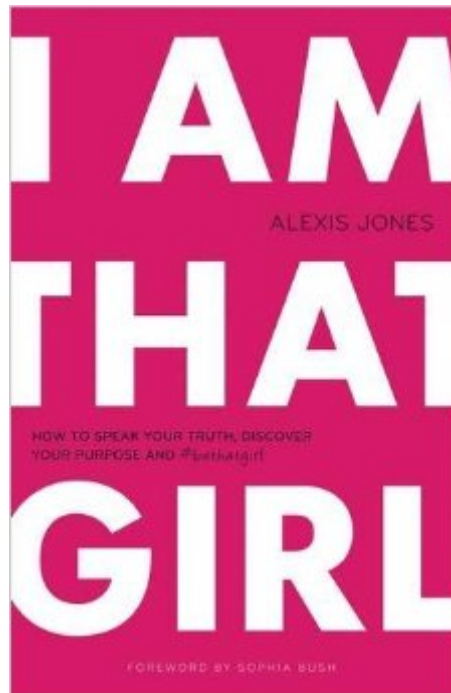


The book was found

I Am That Girl: How To Speak Your Truth, Discover Your Purpose, And #bethatgirl



Synopsis

In a crazy, media distracted world the important questions often get lost like: What's your passion? What's your purpose? Who do you want to be? Alexis Jones has built a career listening to and helping girls around the world figure out those questions in order to inspire them to think for themselves, to speak their truth, to discover their purpose, and to dream HUGE! Alexis believes that you're not broken nor do you need to be fixed. You already are that girl who creates magic wherever she goes, who lives fearlessly, who inspires those around her to dream bigger, and who will leave the world better, just for having been in it. **Stop listening to that voice inside your head that tells you you're not good enough. Stop worrying that you don't have the perfect body, perfect job, perfect relationship, or perfect anything for that matter. Stop letting other people draw boundaries and limits around your life. And start living the life that you truly want (now!), the one you didn't think you had the courage to imagine, but the one that's absolutely possible!** Including stories from thirty incredible women, Alexis has compiled everything she's learned into one complete guide to being That Girl, the best version of you.

Book Information

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Customer Reviews

There are parts of the book (pieces of advice) that are clearly aimed at women younger than me, but as a nearly-fifty-year old with a newly-empty nest who is *re* discovering her passions, I thought this was a great read! I'm not big on self-help, most of it is just good advice and common sense, but the good advice and common sense here were delivered up by Ms. Jones in an upbeat, easily approachable way that never felt preachy; it was more like sitting down and talking to a friend than it

was reading a book). It is definitely a book I would get for a younger person (including my daughter)--but we all face moments in life where we feel a little lost, moments where we need to figure out who we are (or who we want to be) and re-ignite the creative fires and remembering how to fly. There is no age-limit on seeking your dreams, no matter *what* society tells you.

This is a fabulous book. I honestly would recommend every woman should read it at some point in there life. It should probably be a required book for girls in middle school. This book is so motivational for women, and young ladies.

I don't usually write reviews, and I don't usually read these kind of books but I had seen it around and was inspired. I read the book in one day and it put me in SUCH a good mood. I'm impressed. I plan on making every woman I know read it. It says all the things you would expect, but in such a way that it feels like Alexis is on your side and rooting for you. Loved it.

Book is great book when you're trying to seek out where you belong. It's a kick in the butt as well as an inspirational peptalk to get you into gear, quit making excuses, and be your own Prince Charming with hard work to make your dreams come true.

I LOVE this book. It has helped me to learn so much about myself that I didn't realize, like why I keep things to myself and why I don't try something new. Because of this book I have been able to open up just a little bit more and find out who I really am and who I am suppose to be.

I haven't even finished the book and I'm already inspired to be me and embrace who I am and what I want. She really is helping me not to compare myself to others on my abilities or attributes. We have to love ourselves first. Putting myself first has always been a struggle. I felt selfish. But Alexis wants you to be just a little selfish haha! And in a good way. This book is a most read for all young girls and women of all ages. Even if you don't need the boost at the moment, our lives and situations change so quickly that one day you might need it. I highly recommend it!

This book was truly eye opening. It allowed for so many valuable connections to be made and lessons to be learned. All girls - no matter what age - should read this book.

Just started reading, but I'm hooked. I like how it's broken up with stories and almost little "to do"

segments too... Well-written and I'm excited to finish. In my 30s and believe this book applies to any and all women, of any age.

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